

Sunny The Bear™

Sunny Rides a Bike

Coloring book



Daniel
Freedline

Sunny walked to school one day,
where he and his friends loved to play.



When he was almost there,
two friends zoomed passed him without a care.

Instead of going on a hike,
his friends rode to school on a bike.



Sunny wanted to do the same,
but he didn't know how, what a shame.

That night, he and his parents had a talk.
Sunny no longer wanted to walk.



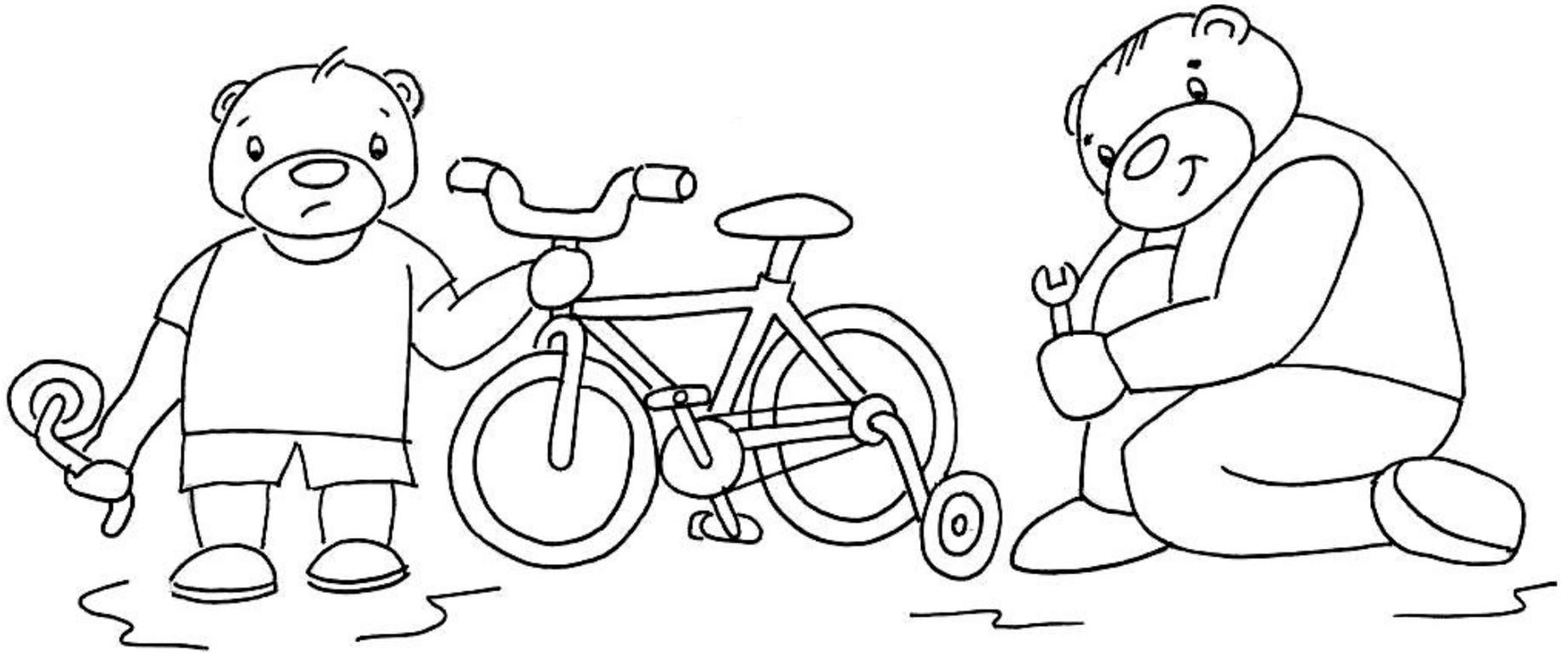
He really wanted to ride to school,
and like his friends, look very cool.

But this wouldn't happen in a hurry.
Sunny's training wheels were still a worry.



The problem was that a bear so small,
would be so tiny, he might fall.

Sunny wished he could do it alone,
without falling or breaking a bone.



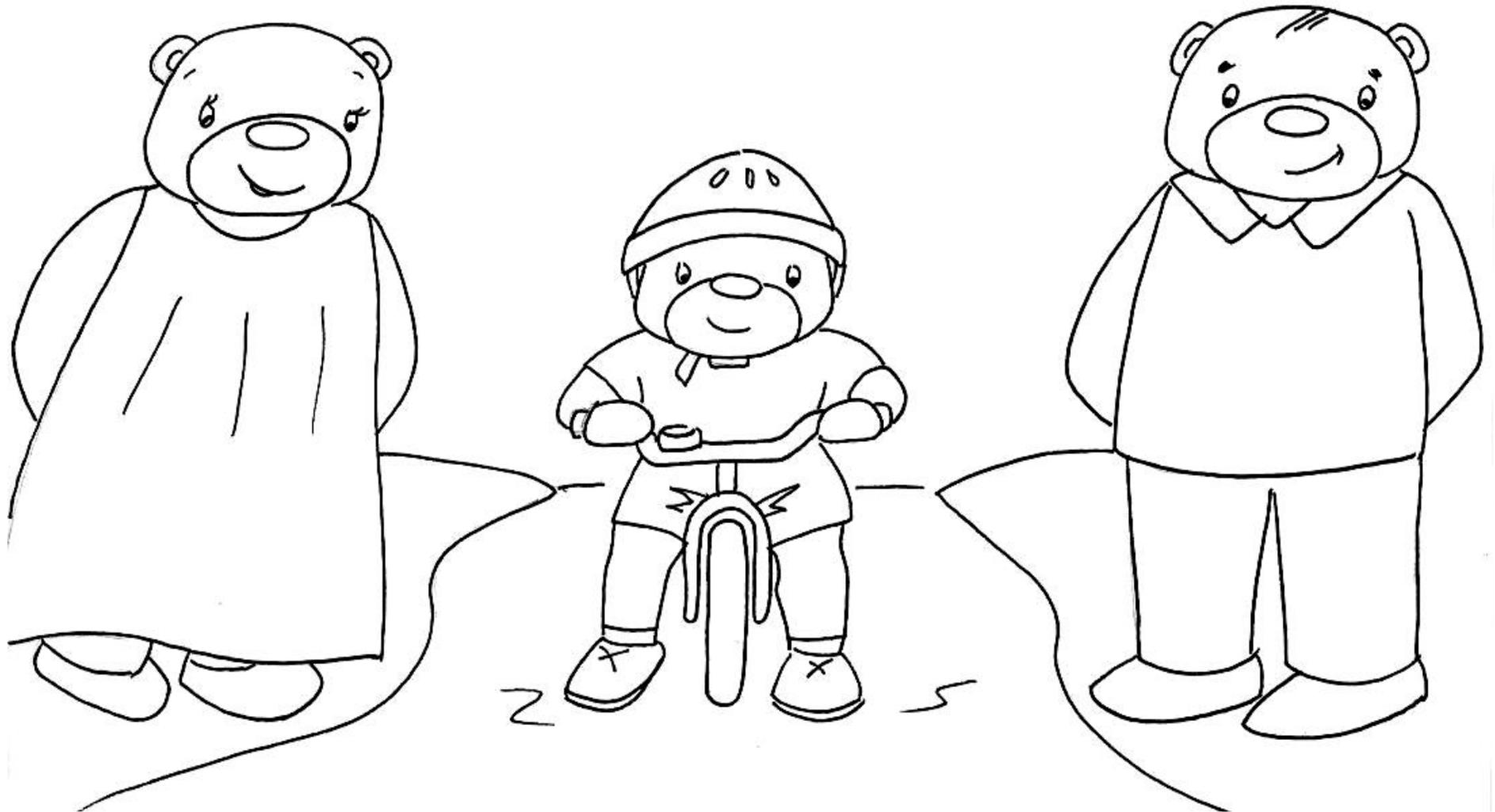
Momma and Pappa knew,
that if he only tried, his wish would come true.

They took off his pedals and lowered the seat, so he could reach the ground with his feet.



Sunny put on his helmet and shoes, so that he wouldn't get hurt, not a single bruise.

He rang his bell, loud and clear,
so the whole world would know he was near.



He started just walking, except sitting down.
Balance he learned, without a frown.

The next move was tricky, both feet off the ground.
A smile on his face and Sunny was safe and sound.



After more practice on the lawn,
the pedals were put back on.

In just a few days,
Sunny learned the bike riding ways.



And with some more practice in town,
he accomplished his goal,
without ever falling down.

The End

Step by step instructions:

1. Mark each pedal as *left* or *right*. *This is important later.*
2. Use a wrench to remove each bike pedal and store in a safe place.
3. Remove the training wheels from the bicycle.
4. Lower the bicycle seat so that your child can sit on the seat, with each foot firmly placed on the ground for balance.
5. Wear safety gear, like a bike helmet, before proceeding.
6. In a safe place with a firm, flat surface, have your child start 'walking' while being seated on the bike. First slowly, then gradually and at their own pace a little faster. Plan on one or two 20 - 30 minute sessions.
7. On another day, repeat the first lesson and your child may start 'running' while seated. It's the same motion as in Step 6, just a bit faster.
8. On the last session, have your child 'bunny hop' while seated. This means that they start from a fully seated position with feet flat on the floor. As they start going forward all on their own, they push off with both feet simultaneously. As they grow more confident, they will push faster and lift both feet off the ground and coast. Teach them how to use the brakes while coasting.
9. Put the pedals back on (right goes on right) and your child is probably ready to go.

ABOUT THE SUNNY SERIES (For children ages 3–7)

The Sunny series of children's books are the first of their kind, combining wonderful story telling, imaginative illustrations and educational 3D technology. Many features in the books, from characters to scenery, can be viewed and rotated in 3D on the Internet and can be printed on 3D printers to make your own toys.

Just look for this logo near various objects in the book.



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Go to our website at <http://www.SunnyTheBear.com>



ABOUT SUNNY & THIS BOOK

Sunny is a little bear, experiencing all the wonders of his new world. Along his journey, he has many questions...questions that are common to little boys and girls. He also experiences new and different things throughout each adventure, many of which you can experience in 3D on our website.

In this volume, Sunny has wants to learn how to ride a bicycle without needing training wheels. Momma and Poppa come up with a creative way that helps Sunny learn, without falling. He also learns the importance of using safety equipment like a bicycle helmet.

ABOUT THE AUTHORS

Daniel Freedline has a passion for writing. He wrote and illustrated his first book in the 2nd grade. During 8th grade, Daniel read books to children as part of a community service project. Through these experiences, he learned how to write and illustrate children's books to capture the attention of his young listeners. His younger brother Alex helps with story ideas and 3D scanning.